



PEAK RESILIENCE

601-808 Nelson St

Vancouver, BC

V6Z 2H2

STATEMENT OF QUALIFICATION: REGISTERED CLINICAL COUNSELLORS (RCC's)

To Whom It May Concern:

The purpose of this statement is to support the inclusion of British Columbia Association of Clinical Counsellors (BCACC) within the mental health benefits coverage of your organisation in order to support their health and wellness.

The information below will confirm the level of qualifications, standards of practice, and adherence to a strict code of ethics in the service and protection of the public for BCACC Registered Clinical Counsellor (RCC's) aligned with Psychologists and Social Workers.

Counselling and psychological services are used interchangeably, and this is why they were both listed on receipts previously submitted. Employees looking for mental health support often find that Registered Clinical Counsellors are not listed as approved providers in their benefits package. We believe this is mainly due to most benefits companies being based in Ontario, where practitioners with RCC qualifications are designated as Registered Psychotherapists.

The BCACC is a non-profit provincial professional association that represents more than 6000 RCC's in BC and was founded in 1988. The RCC designation in BC signifies that specific education, training, clinical competence, and professional criteria have been met including:

- A master's degree from an accredited institution
- Completed course requirements
- 100 hours of clinical supervision
- Multiple References from qualified mental health professionals
- Clear criminal record check
- Resume
- Professional liability insurance
- Adherence to BCACC's:
 - Scope of Practice
 - Code of Ethical Conduct
 - Standards of Clinical Practice
 - Constitution and Bylaws

- Annual registration costs

These criteria are similar to those of Psychologists and Social Workers in BC who are bound by regulatory bodies. RCC's too will soon be bound by a regulatory body. The BC Ministry of Health recently adopted the modernization initiative to improve patient safety and increase public trust in the regulatory framework. The BCACC has a model for best practice in regulation that is in alignment with the new regulatory College for Allied Health and Care Professionals which will include: dietitians, occupational therapists, opticians, optometrists, physical therapists, psychologists, and speech and hearing professionals, as well as diagnostic and therapeutic professions.

Anyone from your company can be reassured that mental health support from Peak Resilience is highly ethical and effective care. All professionals at Peak follow the requirement (beyond that of the BCACC) for rigorous ongoing clinical supervision provided both internally and externally by cutting edge professionals in the field with Master's and Doctorate education levels. In accordance with the BCACC requirements as well as Peak Resilience standards of client care, it is my firm belief that your team should receive reimbursement for RCC services in accordance with the allotment indicated in the Paramedical category of their employee benefits package.

Sincerely,

A handwritten signature in black ink, appearing to read "J Hollinshead", with a long horizontal flourish extending to the right.

Jennifer Hollinshead, MA

Registered Clinical Counsellor-Approved Clinical Supervisor #5106

Canadian Certified Counsellor-Supervisor #5088

[Peak Resilience](#)

jennifer@peak-resilience.com